

Breakfast

7 am-11:15 am

Fruit Cup (GF) 4.99
Grilled Bagel 2.49
Grilled Jumbo Muffin 2.99

Sandwiches

Eggs (no meat) 4.99
Bacon, sausage or ham 5.99

Deluxe you sandwich with lettuce & tomato for just \$1.25 more

Breakfast Burrito

Your choice of sausage, bacon or both with scrambled eggs, peppers, onions, tomatoes and cheddar cheese, rolled in a wrap and grilled. 10.49

Breakfast Steak Bomb

Shaved Steak with scrambled eggs, peppers, onions, mushrooms and American Cheese on a ciabatta roll 10.99

Eggs and....

Eggs (no meat) 4.99
Bacon, sausage or ham 7.49
Corned Beef Hash 10.99
Marinated steak tips 11.99

Flatt Iron Platter

3 eggs, 3 bacon and 3 sausage 10.99

Benny's

Traditional (Ham) 9.99
Irish (Corned beef Hash) 10.99
Florentine (Spinach & Tomato) 9.49

Pancakes, French Toast, Etc...

Belgian Waffle 4.99

Pancakes

Full Stack (3) 4.99 Short (2) 3.49
Blueberry, Cranberry Walnut or Chocolate Chip Pancakes
Full Stack (3) 5.99 Short (2) 4.49

French Toast

Full (3) 4.99 Petite (2) 3.99

Biscuits 'n Gravy

Our own sausage gravy with chunks or breakfast sausage in a rich creamy gravy. Served over a couple of buttermilk biscuits 8.99

Biscuit 'n Gravy ' Eggs

One biscuit with our own sausage gravy and 2 eggs 8.49

The Sampler

2 pancakes or 2 French toast, 2 eggs and your choice of bacon, ham or sausage 9.49

Substitute a Belgian Waffle for your pancakes or French toast for just 1.99

Omelets

McGillicuddy

Corned beef hash and cheddar cheese 10.49

Brickyard

Sausage and cheese 9.49

Slab City

Ham and cheese 9.49

Philly Buster

Shaved steak, onions, peppers, mushrooms and cheddar cheese 11.49

Western

Ham, peppers, onions and cheese 9.49

Tree Hugger

Mushrooms, onions, tomatoes, broccoli and smoked gouda 9.49

Podunk

Just Cheese 8.49

Lunch

11:30-2 pm Sun-Wed

11:30-4pm Thurs- Sat

Starters

Potato Kegs 8.99

Mac Bites 5.99

Fried Pickles 6.99

Wings 8.99

Boneless chicken wings tossed in your choice of buffalo, BBQ, honey mustard or sweet chili sauce

Mozzarella Sticks 6.99

Soup of the day 3.49/4.99

Chili 5.99/6.99

Clam Chowder 5.99/6.99

From the Garden

EBF Salad 9.99

Fresh mesclun mix topped with dried cranberries, walnuts, onions and blue cheese crumbles served with a side of raspberry vinaigrette

Hardy Garden 8.99

Seasonal vegetables on a bed of romaine and head lettuce mixture

Caesar 8.99

A traditional. Romaine, parmesan, and croutons tossed with Caesar dressing

House 9.99

Our take on a Caesar adding onions and our own house parmesan garlic dressing

Accompaniments

Tuna Salad 5.49, chicken 5.49, steak 6.49, or shrimp 7.49

Dressings

Caesar, blue cheese, house, balsamic, raspberry, ranch or apple cider

Sandwich Shop

Rueben 10.99

Thinly sliced, slow roasted in house corned beef and swiss topped with sauerkraut and thousand island dressing on rye

Club 9.99

A BLT placed on the top of your choice of turkey, ham, tuna salad or roast beef your choice of bread

Chicken Wrap 9.99

Caesar dressing mixed with romaine parmesan cheese and slices of grilled to crispy chicken on roll

Chicken Parmesan 9.99

Our own breaded chicken breast topped with our own marinara sauce and mozzarella cheese

Chicken Club 8.99

Our own breaded chicken breast topped with a BLT and ranch sauce

Fish Sandwich 9.99

Fresh Haddock breaded and fried on top of lettuce and tomato

Salmon Burger 9.99

Chopped salmon topped with lettuce, tomato and our own tasty remoulade sauce on a roll

Duke 9.99

Roast beef mushrooms and onion on top of a ciabatta roll and melted mozzarella cheese

French Dip 9.49

Warmed roast beef on top of a ciabatta roll and served with au jus

Philly Steak 10.49

Pepper, onion and mushrooms mixed with thinly shaved steak and cheese on top of a ciabatta roll

Tuna Melt 8.99

Your choice of bread then topped with cheese and our own house made tuna salad

Hot Dog 5.99

Grilled 1/ 4 lb. dog on a roll

Burger Barn

Round up 9.49

100 % angus beef burger topped with cheddar cheese, onion rings and our signature BBQ sauce

Mushroom Swiss 8.99

100% angus burger topped with fresh cooked mushrooms and swiss cheese

Burger 9.49

100% angus burger topped with lettuce, tomato, onion and mayo

Add Cheese \$5.00

Gouda, cheddar, swiss, or American

Add Bacon \$2.00

Our own house made smoked

Add Egg \$1.50

Feast

Chicken Pot Pie 8.49

Chunks of chicken, carrots, onion, celery and potato and simmer it in a thick gravy sauce and add a warm grill biscuit to finish it off

Open Faced Dinner 9.49

Our fresh cooked mashed potatoes are served with your choice of roast beef, turkey or meat loaf on top of a thick cut piece of Texas toast and smothered in gravy

Haddock 12.99

Your choice of deep fried or gluten free baked haddock served with fries or mashed potatoes and our homemade cole slaw

First Mate 9.99

Smaller portion of fried haddock fries or mashed potatoes and cole slaw

Dinner

4-9pm Thurs-Sat ONLY

Starters

Potato Kegs 8.99

Mac Bites 5.99

Fried Pickles 6.99

Wings 8.99

Boneless chicken wings tossed in your choice of buffalo, BBQ, honey mustard or sweet chili sauce

Mozzarella Sticks 6.99

Soup of the day 3.49/4.99

Chili 5.99/6.99

Clam Chowder 5.99/6.99

From the Garden

EBF Salad 9.99

Fresh mesclun mix topped with dried cranberries, walnuts, onions and blue cheese crumbles served with a side of raspberry vinaigrette

Hardy Garden 8.99

Seasonal vegetables on a bed of romaine and head lettuce mixture

Caesar 8.99

A traditional. Romaine, parmesan, and croutons tossed with Caesar dressing

House 9.99

Our take on a Caesar adding onions and our own house parmesan garlic dressing

Accompaniments

Tuna Salad 5.49, chicken 5.49, steak 6.49, or shrimp 7.49

Dressings

Caesar, blue cheese, house, balsamic, raspberry, ranch or apple cider

Sammichies

Round up 9.49

100% angus beef burger topped with cheddar cheese, onion rings and our signature BBQ sauce

Rueben 10.99

Thinly sliced, slow roasted in house corned beef and swiss topped with sauerkraut and thousand island dressing on rye

Burger 9.49

100% angus burger topped with lettuce, tomato, onion and mayo

Add Cheese \$.50

Gouda, cheddar, swiss, or American

Add Bacon \$2.00

Add Egg \$1.50

Salmon Burger 9.99

Chopped salmon topped with lettuce, tomato and our own tasty remoulade sauce on a roll

Feast

Chicken Supreme 12.99

Boneless chicken breaded with our crumbs and topped with a creamy chicken gravy. Your choice of two sides.

Roadhouse Chicken 13.99

Grilled BBQ chicken topped with cheddar and bacon

Meatloaf 12.99

Our own recipe with ground meat and spices topped with gravy and your choice of two sides.

Steak Tips 17.99

Marinated steak sautéed with mushrooms, peppers and onions served with one side

Meatballs and Pasta 12.99

Your choice of pasta and three meatballs and our house made sauce.

Chicken Parmesan 15.99

Boneless chicken breaded with our seasoned crumbs topped with our marinara and mozzarella

Alfredo

Vegetable 13.99 Chicken 15.99 Shrimp 17.99

Choice of pasta tossed with broccoli and mushrooms in our own house made gluten free alfredo sauce.

Scampi

Vegetarian 13.99 Chicken 15.99 Shrimp 17.99

Haddock 13.99

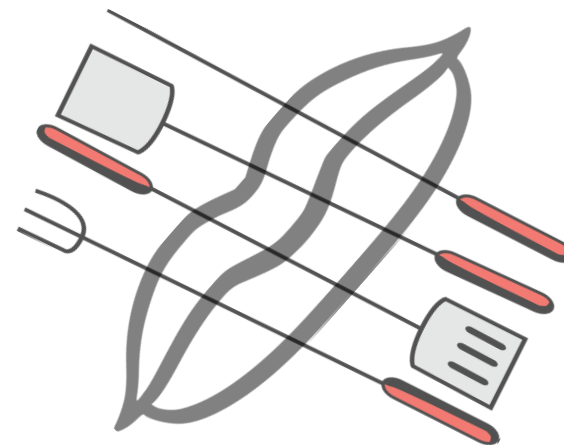
Your choice of deep fried or gluten free baked haddock served with fries or mashed potatoes and our homemade cole slaw. Can be grilled Cajun

First Mate 10.99

Smaller portion of baked or fried haddock fries or mashed potatoes and cole slaw

E. B. Fish 14.99

Parmesan breading baked fish. Choice of two sides.



E. B. FLATTS

Farm to Table Restaurant

245 East Main Street

East Brookfield, MA 01515

(508) 867-6643

Hours of operation:

Sunday- Wednesday

Breakfast 7- 11:15 am

Lunch 11:30-1:45 pm

Thursday-Saturday

Breakfast 7-11:15am

Lunch 11:30-4 pm